

R.A. Podar Medical College (Ayu) and M.A.Podar Hospital,Worli,Mumbai,Maharashtra-400 018.

9th Ayurveda Day Event -Report

Date -29th October 2024

Venue - R.A. Podar Medical College (Ayu) and R.A. Podar Hospital, Worli, Mumbai-18.

R.A. Podar Medical College (Ayu) and M.A.Podar Hospital, Worli, Mumbai in collaboration with Directorate of AYUSH, Maharashtra State celebrated 9th Ayurveda Day with a series of programs and activities dedicated to promote Ayurveda principles and practices for better health and wellness. The event was organized in line with the theme of this year, "Ayurveda Innovation for Global Health".

The event was graced by Mr.Dinesh Waghmare IAS- Hon.Principal Secretary-Medical Education and Drugs Department-Government of Maharashtra ,Mr.Rajiv Nivatkar IAS- Hon.Commissioner-Medical Education, Research and AYUSH- Mumbai, Vd.Raman Ghungralekar- Director AYUSH Maharashtra State and Vd.Sampada Sant- Dean R.A.Podar Medical College (Ayu) Worli, Mumbai.

All the Head of Departments , Faculties, Undergraduate and Post graduate students, paramedical and Non-teaching staff of the college were also present during the event.

Program Highlights -The dignitaries inaugurated the Exhibition on Ayurveda which also received encouraging response from the general public. The dignitaries also did inauguration of Agad Tantra Herbal garden and Vruksharopana/planting of medicinal plants. The event also included Presentations on Importance of Ayurveda Day, Innovation in Ayurveda, Summary of various activities conducted for promotion and propagation Ayurveda and photographs at Selfie point.

Banner for 9th Ayurveda Day



Lord Dhanvantari



Dhanvantari Pujan



Dhanvantari Stavan



Inauguration of exhibition



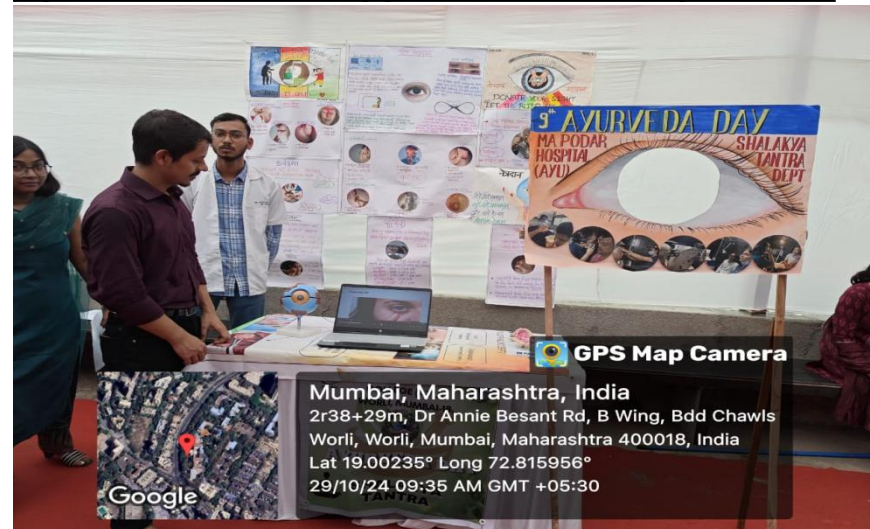
Sharir Kriya -Prakriti Parikshan Stall



Shalaky Department



Ayurvedic Holistic approach in Shalaky Tantra



Shalya Tantra



Spin the wheel and get information about Shalyatantra Disease and management



Shalya Tantra Skit-Awareness on Gudagata Vikara



Spin the wheel and get information about Shalyatantra Disease and management



Rasashastra Department



Rasashastra Department Exhibition of Nutraceuticals, Cosmetics and Rasaushadhis



Swasthavritta Department



Swasthavritta Department-Millet's Presentation



Agadtantra Department



Inauguration of Agadtantra Udyan



Agadtantra Udyan



Awareness for Household Poisons



Dravyaguna Department



Dravyaguna - Medicinal Plants Display



Dravyaguna - Vruksharopan



Dravyaguna- Vruksharopan



RogNidan -Role of Ayurveda in prevention of lifestyle disorders presentation



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RogNidan Department



Inauguration Of Pathology Lab



Streerog-Prasutitantra -Women Health Care and Ayurveda



Streerog-Prasutitantra -Women Health Care and Ayurveda



Streerog Prasutitantra



Sanskrita Samhita Siddhanta-Samhita Parayan



Selfie Point



Presentation on Innovations in Ayurveda



Along with the programs on 29th October, different activities were also conducted by various departments that included competitions (Healthy Cooking, Essay, Slogan, E-Poster, Rangoli, etc), Public awareness lectures and camps, Power Point Presentations on digital display for general public and patients, Ayurveda Promotion through social media from 19th October. The detailed report of these activities is attached separately.