

# R.A. Podar Medical College (Ayu), Worli, Mumbai-18

## Swasthavritta and Yoga Department

### 9<sup>th</sup> Ayurveda Day 2024

Date – 21/10/2024

On the occasion of 9<sup>th</sup> Ayurveda Day, R.A. Podar Medical College's (Ayu) Swasthavritta and Yoga department had conducted the program "Nutrition for all through Ayurveda" under the theme of ayurveda day is "Ayurveda innovations for global health" on 21<sup>st</sup> October 2024. The powerpoint presentation regarding concepts of Ayurvedic *Aahar* was presented on the screen near medicine dispensing unit of M.A.Podar Hospital. Awareness regarding *Ritunusar Aahar*, Ayurvedic recipes was done to the patients who visited to Swasthavritta OPD. The activities were inaugurated by Dean of the institute Dr.Sampada Sant Madam. Dr.Vrushali Ujede Madam-HOD Swasthavritta and Yoga department, RMO Dr.Niketani Zode, Dr.Sachin Upalanchiwar-Assistant Professor, Dr.Siddhi Nachankar- Assistant Professor and PGs from the Swasthavritta and Yoga department were present during the activity.

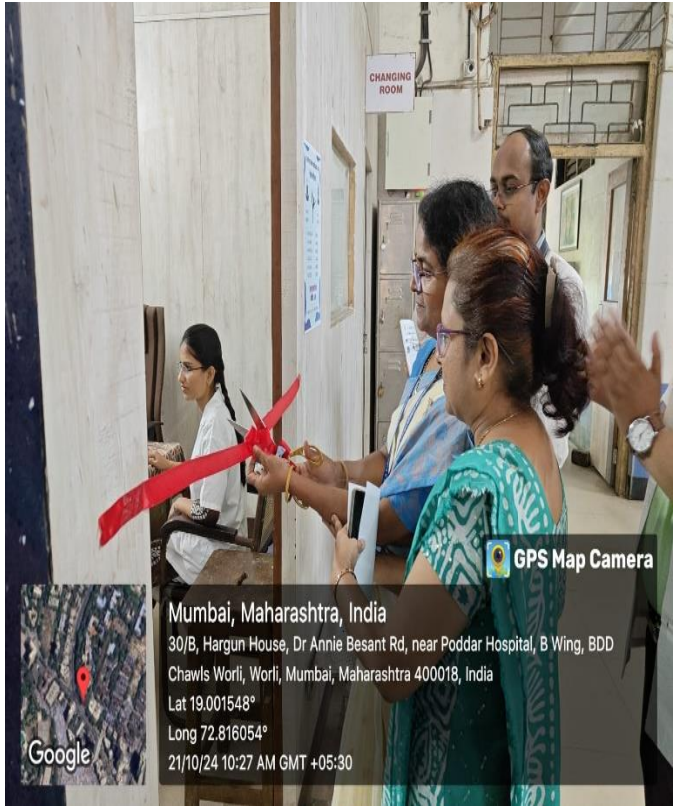




GPS Map Camera



Mumbai, Maharashtra, India  
1076, Dr. E. Moses Road, Worli, B Wing, BDD Chawls Worli, Worli, Mumbai,  
Maharashtra 400018, India  
Lat 19.001541°  
Long 72.816038°  
21/10/24 10:28 AM GMT +05:30



GPS Map Camera



Mumbai, Maharashtra, India  
30/B, Hargun House, Dr Annie Besant Rd, near Poddar Hospital, B Wing, BDD  
Chawls Worli, Worli, Mumbai, Maharashtra 400018, India  
Lat 19.001548°  
Long 72.816054°  
21/10/24 10:27 AM GMT +05:30



GPS Map Camera



Mumbai, Maharashtra, India  
1076, Dr. E. Moses Road, Worli, B Wing, BDD Chawls Worli, Worli, Mumbai,  
Maharashtra 400018, India  
Lat 19.001535°  
Long 72.816036°  
21/10/24 10:27 AM GMT +05:30



GPS Map Camera



Mumbai, Maharashtra, India  
30/B, Hargun House, Dr Annie Besant Rd, near Poddar Hospital, B Wing, BDD  
Chawls Worli, Worli, Mumbai, Maharashtra 400018, India  
Lat 19.001543°  
Long 72.816038°  
21/10/24 11:05 AM GMT +05:30