

DEPARTMENT OF DRAVYAGUNA

R. A. PODAR MEDICAL COLLEGE (AYU), WORLI, MUMBAI – 400018

9TH AYURVEDA DAY PROGRAM OBSERVING ON 29TH OCTOBER 2024

NAME OF THE PROGRAM – E-POSTER MAKING COMPETITION

Subject – Medicinal Plants for Healthy Minds

Date – 23/10/2024

Venue – Second Year Lecture Hall, College building.

Time - 11.00 am

Ministry of Ayush, Government of India observes Ayurveda Day every year on Dhanwantari Jayanti (Dhanteras) and this year 9th Ayurveda day falls on 29th October 2024. The theme of this year Ayurveda Day 2024 is “Ayurveda Innovation for Global Health” through Jan Sandesh, Jan Bhagidari & Jan Andolan. As per the Guidelines provided by Ministry of AYUSH, New Delhi, Resp. Dr. Raman Ghungralekar Sir, Director, Directorate of Ayush, Maharashtra state, and supported by Resp. Dean Dr. Sampada Sant mam, the Department of Dravyaguna has organized the E-Poster making Competition for Second Year Professional Course Students on 23rd October 2024. The poster was based on the theme of “Medicinal Plants for Healthy Mind.” The initiative of this competition is to create awareness about mental health and role of medicinal plants to keep mind in healthy status. The event flyer for competition were created and circulated among the students along with rules and regulation to participate in competition and they were asked to invoke in large numbers. Total 88 entries have received by Department through mail. All the entries are well scrutinized by Departmental teaching Faculty. Among 88 only 10 posters have selected for final presentation in front of Respected Judge panel. Our Respected Dean Dr. Sampada Sant mam show her presence and grace the occasion by delivering her best wishes to all students. The students presented posters In front of judges and describe their central idea about poster making in time limit of 3 minutes each. All posters are very informative. The judge’s panel was assembled by Dr Savita Samleti, Assistant Professor, Agadanttra Department, Dr. Kishore Madavi, Assistant Professor, Sharir Rachana and Dr. Sheetal Nathgosavi, Associate Professor, Samhita Sidhanta Department. The scoring system was given to evaluate the performance. Three winners were declared based on judges’ markings and remarks. The winners of the competition were Dr. Omkar Sakpal, who secured first place; Sonia Risbud, who took second place; and Prajakta Pasade, who was awarded third place. All winners will felicitate by Certificate and Trophy on the 29th October 2024 9th Ayurveda day.

This competition was successfully organized by Dr. Seema Choughule, Associate Professor & HOD, Dr. Bhavesh Patil, Professor, Dr. Rashmi Patekar, Assistant Professor & Dr. Santosh Kadam, Assistant Professor. Dr. Ambhrunee Ravi, first year PG student also helped to organize events. Dravyaguna Department is very grateful for getting opportunity to host the competition to create awareness among us about medicinal plants and its pivotal role in keeping healthy mind. The geotag photos among with these documents are attached for your reference.



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