Head of the Department Department of Panchakarma R A Podar Medical Ayu College Worli, Mumbai Date:-24-10-24

To,

Respected Dean,

R. A. Podar Ayurvedic Medical College,

Worli, Mumbai -18

On the occasion of the 9th Ayurveda Day, with the theme "Ayurveda innovation for global health," the Department of Panchakarma of R.A. Podar Ayurveda Medical College and Hospital Mumbai organised a lecture at Nilkantheswar Mahadev temple, B wing, BDD chawls,worli, Mumbai 400018 on 24 Oct 2024. In this lecture, doctors delivered information on "Panchkarma treatment to stay healthy' and Rutucharya. Various patients benefited from the lectures and got awared about importance and need of panchkarma to stay healthy. This lecture is organized under the guidance of Dr. Sheetal Lodha mam (associate professor of the Panchakarma department) and Dr. Ruchika Karade mam (Assistant professor of the department). Dr Kavita Magar, Dr Jyoti Kharabe, and Dr. Surup Patle were present at that lecture to guide the patient.





