Head of Department

Department of Panchakarma

R A Podar Medical Ayu College

Worli, Mumbai

Date – 25/10/24

To
Respected Dean,
R A Podar Medical Ayu College

Worli, Mumbai

On the occasion of 9th Ayurveda Day at RA Podar Ayurvedic Medical College, under the directorate of AYUSH, a video presentation on Panchakarma procedures was organised on 25/10/24 at OPD premises of Podar Hospital to educate and create awareness about this vital aspect of Ayurveda treatment. The program was inaugurated by the Respected Dean of the institute Dr Sampada Sant by cutting the ribbon. The program was organised under the guidance of the Respected Dean of R A Podar Ayurvedic Medical College Dr Sampada Sant and Dr Sheetal Lodha (HOD of Dept of Panchakarma) and coordinated by Dr Ruchika Karade (Assistant Professor Dept of Panchakarma ) The camp was presided over by dean Dr Sampada Sant with the presence of notable resident medical officer Dr Suhas Kolekar. All the department PG students attended the program.

The video showcased the step-by-step process of each procedure highlighting the use of Ayurvedic herbs, oils and techniques. Expert commentary accompanied the visuals explaining the rationale behind each step and its therapeutic benefits.









