<u>Curriculum Vitae</u> DR. MADHUKAR ABASAHEB LAHANKAR

M. D. Ayu. (ENT- Ophthalm), Mumbai



EX – REGISTRAR MAHARASHTRA UNIVERSITY OF HEALTH SCIENCES, NASHIK.

Head of the Department Department of Shalakya (ENT & Ophth.) R. A. PODAR GOVT. AYU. MEDICAL COLLEGE, DR. A. B. ROAD, WORLI, MUMBAI. – 400 018. TEL. No. / FAX No (O). 022 - 24936881

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<u>Background</u>

Born at Lahan, a small village, which is 29 km away from Nanded City, on 12th July 1955 in a middle class farmer's family and completed Primary Education in Zilla Parishad School at Ardhapur, which is 9 km away from village Lahan of Tahsil – Ardhapur. As there was no facility of any conveyance in that area during those days, walking was the only option to reach other places. We use to walk more than 18 km daily to attend school. I was born in a big joint family consisting of 80/90 members in the family. My father was a freedom fighter and senior most member of the joint family. I have four brothers and three sisters; all are well settled most of them are in Government services. I completed my Secondary School Education at People's High School, Nanded. Almost in all examinations, I stood 1st or 2nd in the class.

For Under Graduate medical education I had applied at Sevagram for M.B.B.S. course from open category. My position for admission was at number one in the waiting list. At that time some seats were reserved for the wards of freedom fighters. <u>But I could not avail this facility, as entitled to freedom fighters'</u> wards, because of my father's strong principles against obtaining such benefits. <u>Hence I could not produce the certificate as a son of freedom fighter and hence I could not get the admission for M.B.B.S. course.</u> Therefore, I applied for B.A.M.S. at Panchavati Ayurved College, Nashik. As my elder brother was working as a Senior Police Inspector at Nashik that time, I happily took the admission at Nashik for B.A.M.S. course. After two years, when my brother transferred from Nashik, I also had to transfer my admission to Government Ayurved College, Nanded.

Then I stood 1st class 1st in every B.A.M.S. University degree examination. After completion of my Graduation, I worked as an Extension Officer (Health) at Panchayat Samiti, Nanded, as a District Epidemic Officer in Public Health Department of Zilla Parishad, Nanded then as a Medical Officer at Civil Hospital, Nanded. In 1983 I changed my track from Public Health Department to Academic field and joined as a Demonstrator in Government Ayurved College,

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Nanded. In year 1987 – 88 I was transferred to R.A. Podar Govt. Ayurved College, Worli, Mumbai.

Since then, I worked in the capacity of Lecturer, Reader and Head of the Department of Shalakya Tantra(ENT & Ophthalm.) till the year 2006. While working at R.A. Podar Ayurved College, Mumbai, Government of Maharashtra assigned me on various Administrative and sensitive works / responsibilities viz. inspection of various colleges, enquiries of academic Institutions / persons and such various sensible committees of Government. I have worked as a Liaison Officer in various districts of Maharashtra for MH–CET examinations and worked in the admission process for Health Sciences courses conducted by Director of Medical Education & Research (DMER). I am one of the founder members of Maharashtra University of Health Sciences, Nashik and worked on all of the authorities like Planning Board, School of Research, PG Board and Academic Council of the University. My performance in all these important activities was well appreciated by the Government. The State Government therefore, recommended my name to Union Government for prestigious "Padma" (i.e. Padmashri, Padmabhushan, etc) awards. After that, the Government gave me an opportunity to work as a "Registrar" in the Maharashtra University of Health Sciences. Now I am Working at R.A. Podar Govt. Ayu. Medical College, Mumbai. The remaining details of my professional experience can be seen as enclosed in the Curriculum Vitae......

AT PRESENT :

- ASSO. PROFESSOR, Head of the Department (Shalakya) R. A. PODAR GOVT. AYU. MEDICAL COLLEGE,
- Member, High-level Committee for M.D. / M.S. (Ayu.) admission Process of Govt. Of Maharashtra.
- High-level Committee for PGA (Ayu.) CET of Govt.Of Maharashtra.
- High-level Committee for PGH (Homoeopathy) Govt.Of Maharashtra
- Founder member- Maharashtra University of Health Sciences, Nashik.
- Founder member- (I-CARE) Institute of Contemporary Ayurved Research & Education, R.A. Podar Govt. Ayurvedic College, Worli, Mumbai- 18, Govt. of Maharashtra.

Father's Name : ABASAHEB DESHMUKH LAHANKAR

(Freedom Fighter & Ex. Legislative Member, Maharashtra.)

Date of Birth	: 12.07.1955 (Twelth July Nineteen Fifty Five)			
Place of Birth	: At. Lahan, Dist. Nanded, Maharashtra			
Nationality	: Indian			
Sex	: Male			

EDUCATIONAL QUALIFICATIONS:

Sr. No.	Examination	Name of institution	Year of Passing	University	Grade
01	1 st B.A.M.S.	Govt. Ayurvedic College, Nanded	March,1978	Marathwada University, Aurangabad	1 st in University
02	2 nd B.A.M.S.	Govt. Ayurvedic College, Nanded	Oct.,1979	Marathwada University, Aurangabad	1 st in University
03	Final B.A.M.S.	Govt. Ayurvedic College, Nanded	May, 1981	Marathwada University, Aurangabad	1 st in University
04	One year Internship	Govt. Ayurvedic Hospital, Nanded	July 15 th 81 to July 14 th 1982	Marathwada University, Aurangabad	Excellent
05	MD Shalakya - I (ENT & Ophthl)	R.A. Podar Govt. Ayurvedic College, Mumbai	Oct., 1995	Bombay University	2 nd in University
06	MD Shalakya Final (ENT & Ophthl)	R.A. Podar Govt. Ayurvedic College, Mumbai	Oct., 1997	Bombay University	2 nd in University

Gold Medal for first class first in all University Degree examination.

Invitation by Foreign Countries for Awards or as Resource Person in Ayurved From India: (*Visited More than 50 Countries*)

• European Countries- Vienna, – Austria – Germany - Switzerland-Hungary – Czechoslovakia - Slovenia –France- Slovakia- Bosnia- Belgium-Romania- Serbia- Netherlands (Euro Group of countries) "To introduce Ayurveda and Academic Establishment of Ayurveda in European countries" in Nov 2008.

• Hong Kong - China "International Excellence award" for Academic and Administrative work done in last three decades at University and Government level in Ayurveda. 2010.

• **Bangkok-Thailand**: "To improve the Education standard in Health Sciences Through the university activities" in August 2007.

• **Singapore**: "For Utilization of the Health Sciences Academic Excellency for the betterment of community health." November 2005.

• **Bangkok-Thailand** "International award for Excellent Dedication in Ayurveda" and Keynote Address for "Role of Ayurveda to face the 21st Century Health Challenges" in March 2009."

• **Singapore:** "International Excellence award" as a resource person in ShalakyaTantra - Ayurveda, India. 2008.

And Also in – Srilanka, Nepal, Indonesia, Cambodia, Malaysia, Macau,
 Vietnam, Fiji, Myanmar, Dubai, Abu Dhabi (UAE) & So Many Countries.

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Highlights of Experiences:

Administrative Experiences:

- As Head of the Department Shalakya Tantra at R.A. Padar Govt. Ayurved College from 1994 to till Date.
- As Member, Academic Council Maharashtra University of Health Sciences, Nashik from the year 2002 to 2006..
- As Boys Hostel Rector at Govt. Ayurved College, Nanded from 1983 to 1988.
- As Liaison Officer at Raigarh District for MH-CET Examination, Govt. of Maharashtra for year 2000-2001.
- As Liaison Officer at Thane District for MH-CET Examination, Govt. of Maharashtra for year 2001 to 2005.
- As Chairman, Admission Process for Health Science Course (M.B.B.S., B.D.S., B.A.M.S., O.T., P.T. etc..), Govt. of Maharashtra from 1998 to 2005.
- As Chairman Counseling & Scrutiny Committee of Admission for Health Sciences Courses from 1998- 2005.
- As Admission Process for MD/MS Ayurved, Govt. of Maharashtra from 2000 to till date.
- As Chairman Hostel Committee Boys, Girls and Nurses Hostel at R.A. Podar Govt. Ayurvedic College & Hospital, Mumbai from 2001 to 2006.
- As Chairman in Shalakyatantra Examination for Final B.A.M.S., 1st
 M.D. Shalya-Shalakya and Final MD/MS respectively from 1983 to 1997.
- As Member, Postgraduate Board of Studies of Maharashtra University of Health Sciences, Nashik from 1998-2006.
- As Member, Clinical Board of Studies Maharashtra University of Health Sciences, Nashik from 1998-2001.
- As Member, Postgraduate Title Scrutiny Committee Maharashtra University of Health Sciences, Nashik from 1998-2001.

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 As Member, Planning Board, Maharashtra University of Health Sciences, Nashik from 1998-2006.

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- As Member, Research Board, Maharashtra University of Health Sciences, Nashik from 1998 to 2007.
- As Coordinator, Research School, Maharashtra University of Health Sciences, Nashik from 1998 to 2007.
- As Executive Editor, "Milestone" Medical Research Journal of MEDD, Govt. of Maharashtra from 2002 to 2007.
- As Member of Core committee for KUP (Knowledge Update Programme) book series published by MUHS, Nashik.
- As in charge HOD of Operation Theatre Complex at R.A. Podar Govt. Hospital, Mumbai from 1994 to 2006.
- Immense experience of Health Science Institutes Inspection for first affiliation, continuation, expansion, extension of branch or faculty of Maharashtra University of Health Sciences, Nashik.
- As Chairperson of various Health Science Conferences.
- As acting Vice-Chancellor of the Maharashtra University of Health Sciences, Nashik from 28/11/2006 to 11/12/2006.
- As acting Vice-Chancellor of the Maharashtra University of Health Sciences, Nashik from 13/04/2007 to 29/04/2007. In the due period signed a MoU agreement of the four Universities i.e. Mumbai University, Pune University, Shivaji University, Kolhapur & Maharashtra University of Health Sciences, Nashik in the presence of His Excellency Shri. S.M. Krishna, the Chancellor and the Governor of Maharashtra at Mumbai University, Kalina, Mumbai.
- As Member of National Rural Health Mission Govt. of India for Nashik district.
- As Returning Officer for first Election of Maharashtra University of Health Sciences, Nashik, Election- 2007.
- As Returning Officer for Central Council for Homoeopathy, Maharashtra Election – 2012.
- As Returning Officer for Maharashtra Council for Indian Medicine Election 2012.
- Member Secretary, Swatantra AYUSH University Prastav Samitee, Govt. of Maharashtra.
- Member Secretary, Swatantra Ayurved Mantralay Prastav Samitee, Govt. of Maharashtra.

Teaching Experience (Total Experience = 31 + Years)

Undergraduate Level

Sr. No.	Post held Institution		From	То
01	Demonstrator in Shalakya Tantra	Govt. Ayurved College, Nanded	20 th Dec., 1983	3 rd Nov., 1988
02	Lecturer in Shalakya Tantra R.A. Podar Govt. Ayurved College, Mumbai		4 th Nov., 1988	27 th Nov., 1997
03	AssociateR.A. Podar Govt.Professor inAyurved College,Shalakya TantraMumbai		27 th Nov., 1997	21 st June, 2006
04	4 Registrar, University Of Health Sciences, Nashik		22 nd June, 2006	1 st Oct. 2007.
05	Associate R.A. Podar Govt. Professor in Ayurved College, Shalakya Tantra Mumbai		2 nd Oct. 2007	To Date.

Postgraduate Level (M.D. / M.S.)

Sr. No.	Post held	Institution	From	То
01	Associate Professor in Shalakya Tantra	R.A. Podar Govt. Ayurved College, Mumbai	28 th Nov., 1997	To date

Doctorate Level (Ph.D.)

Sr. No.	Post held	Institution	From	То
01	Associate Professor (Reader) in Shalakya Tantra	R.A. Podar Govt. Ayurvedic College, Mumbai	28 th Nov. 1997	To date

Ph.D Scholars

Sr. no	Name of the Scholar	Title	Name of University	Regi. Year
1	Vd. Dnyaneshwar Padvi (Prof. D.Y. Patil)	To Evaluate the Efficacy Babbul Twak Gandush and Kawal in sarwasara mukha rog (Generalised Stomatitis)	Maharashra university of Health Sciences	2008-2009
2	Vd. Amar Dvivedi (Asso. Prof. D.Y. Patil)	Therapeutic Efficacy of Panchatikta Ghrita Nasya and oral treatment in management of Manyashrit Vata with special referance to cervical spondylysis.	Maharashra university of Health Sciences	2008-2009
3	Dr. Sujata Baburao Chavan	The Effect Of Abhyantarpan Of Combination therapy Of Triphala Ghrita with Triphala & Yashtimadhu Churna with MadhuIn Pratham patalgata Doshdushti Lakshana w.s.r to Devolopmental Myopia	Maharashra university of Health Sciences	2010-11
4	Dr. Sunil Anantrao Walewadikar	The Therapeutic Efficacy of ErandTail and Saindhav Jal Eye drops in dry eye	Maharashra university of Health Sciences	2010-11
5	Dr.Swati Vishnu Sarwade	Role of Basti , Topical and internal medication in imm. cataract. (Timira, Kacha)	Maharashra university of Health Sciences	2010-11
6	Dr. Roshna .S.Bhutada	The Effect Of Eye Exercise, Triphala Kwath Eye Wash & Triphala Ghrit Systemically On Computer Vision Syndrome	Maharashra university of Health Sciences	2010-11
7	Dr. Arunkumar Bapurao Biradar	TO STUDY THE ROLE OF GO- GHRITAMANDA ASCHYOTANA IN SHUSHKAAKSHIPAKA (w.s.r.t. DRY EYE SYNDROME)."	Tilak Maharashra university Pune	2010-11
8	Dr. Kiran Patil	The study of Computer vision syndrome in Children	Tilak Maharashra university Pune	2011-12

Post Graduate Students : (Pass – Out Through M. U. H. S.)

Sr. No	Name of the Students	Title of Dissertation	Reg.Year
01	Dr. Shashikant Patil	To Evaluate the therapeutic Efficacy of "katphal Pradhaman nasya & Laxmivilas ras" in Sinusitis	2000
02	Dr. Ms. Thakur	To Evaluate the clinical Efficacy of Yashtimadhu Taila Nasya in Khalitya & Palitya.	2000
03	Dr. Govind Tundalwar	To Evaluate the Clinical Efficacy of "Yashshiva Ghrit in Progressive Myopia".	2001
04	Dr. Arvind Upadhyay	To Study the therapeutic Efficacy of "Nimbadi churna Karna Dhupan & Nimbadi Quath kawal - Gandush & Amruta Ghanvati in Karnastrava".	2001
05	Dr. Sunita Magar	To Evaluate the therapeutic Efficacy of Haridradi taila in Mukhapaka with special reference to Apthous ulcer.	2002
06	Dr. Satish Jaiswal	To Evaluate the Clinical Efficacy of Anutaila Nasya and Netrya churna in Progressive Myopia.	2002
07	Dr. Rekha Jori	Theraupeutic efficacy of shigrubeej(Maringa oleifera seed) Churna nasya & Laxmivilas in Nasavivar Shotha wity Special reference to paranasal sinusitis.	2007
08	Dr.Leena Hande	A Clinical study on the effect of Yashtimadhu Gandusha in the Management of danta harsha	2007
09	Dr.Nilesh Patil	A Clinical comparative study of taila Kawal & Krushnabola with Madhu application in management oral submucus fibrosis	2007

		A Clinical study on the effect of Talwadi Yog &	
10	Dr.Dipti Nene	Darvyadi Kaval in the management of Gilayu w.s.r to tonsilitis	2007
11	Dr.Kishan Deshmukh	Terapeutic efficacy of bharangyadi taila nasya & pathyadi kwatha in nasavivar shotha w.s.r to Paranasal sinusitis	2008
12	Dr.Vivek Dvivedi	A Comparative study on the efficacy of Tarpana & chitrakadi kwatha in the management of Timir.w.s.r to myopia	2008
13	Dr.Jyoti Nirbhawne	Terapeutic efficacy of shrigrubeeja taila nasya & Shathyadi churna in pratishya w.s.r to chronic simple Rhinitis	2008
14	Dr.Prashant Kanoja	To study clinical effect of kushtadi taila nasya & Nidigdhikadi kwatha in vataja pratishyana	2008
15	Dr.Swapnil Sankpal	To study the efficacy of Nimba-Lodhra aschyotan & chandanadi pralena in pittaja Abhishyanda w.s.r to mucopurulent conjunctivitis.	2010
16	Dr.Rakhi Pugaliya	To study the clinical efficacy of Shatamruta ghrita in Progressive myopia with the help of nasya & tarpan and its abhyantar prayog	2010
17	Dr. Pratima Barate	To study the linical efficacy of Madhuvara grita in timir with th help of Nasya & Tarpana & its Abhvantar Prayog w.s.r to Simple Myopia	2011
18	Dr.Anand Kale	A Clinical study of Vasadi Ghrita Aschyotana in the Management of arjuna w.s.r Subconjunctival Hemorrahage	2011

Shalakyatantra Department R.A.Podar Medical (Ayu) College,worli Mumbi-18

<u>P.G Department</u> <u>Current Registered Scholar for Post Graduation in Shalakyatantra (2013-14)</u>

Sr. No	Name of P.G Teacher	Name of Scholar	Title	Year of Admission
		Dr.Aboli Mujawar	An open Controlled Clinical Study of 'Yashtimadhu Grita Aaschyotana' in Shushkakshipaka with special reference to Dry Eye Syndrome	2012
		Dr. Sushil Rathod	An open controlled clinical study of sursadi yoga Bidalaka verses Azithromycin eye ointment in Krimigranthi with special reference to Blephritis	2012
1	Dr.M.A.Lahankar	Dr. Santosh Rahinj	An open Randomised control clinical study of vayasthapak phant in Tritiya-chaturtha patalgat dosh dushti w.s.r to Age Related Macular Degeneration (DRY)	2013
		Dr. Subhangi Kamble	An open controlled Clinical Study of Darvyadi phant in Tritiya Chaturth Patalgat Doshdusti with Special referance to Background (Non- proleferative) Diabetic Retinopathy	2013

Examinership :

- Internal/External Examiner in various Universities and MUHS at Final BAMS, 1st MD/MS, Final MD/MS & Ph.D. in Shalakya Tantra.
- External Examiner at Shivaji University, Kolhapur, Amravati University, Nagpur University, Dr.Babasaheb Ambedkar Marathwada University, Aurangabad, Swami Ramanand Teerth University, Nanded.
- Posted as Chief Conductor for number of times to conduct (Theory) Homoeopathic Examinations a various centers in The State, by Govt. of Maharashtra.
- External Examiner for MD/MS/Ph.D at Shimla University, Shimla, Himachal Pradesh

Post Graduate Teaching

- Recognized P.G. Teacher (Guide) for M.D. / M.S. (Shalakya) at Bombay University, Mumbai & MUHS, Nashik.
- Recognized as Research Guide for Ph.D. (Shalakya) by Bombay University, Mumbai & Maharashtra University of Health Sciences, Nashik.

Resource Person for CME & ROTP (GOI Programme)

- Re-orientation Training Program for Shalakya Teachers Rhinitis an Ayurvedic Management, R.A. Podar Mumbai, in Jan 2009
- Re-orientation Training Program for Shalakya Teachers Sinusitis An Ayurvedic non-surgical procedure, Govt. Ayurved College Osmanabad, in March 2009
- Re-orientation Training Program for Shalya-Shalakya Teachers Sinusitis
 An Ayurvedic Aspect, R.A. Podar Mumbai, in Feb 2009
- Number of time Delivered Lectures and Practical workshop of shalakya for Re-orientation Training Program & CME in Maharashtra State, All over India & so many...

Publications:

- Original Research paper published in Peer Review/Index Scientific Journals:
- "Clinical study of an Ayurvedic Medicinal Compound in "Gum Bleeding" (Spongy Gums) published in "Dental Dialogue", A National Dental Research Journal of India, Vol. 16 No. 1 & 2 -1991.
- "Ashruvaha Srotas an essential concept in Shalakya Tantra"
 Published in "Ayu" Research Journal of Gujarat Ayurved University, in April, 1994.
- Management of 'Mukhapaka' by 'Haridradi Tail' w.s.r. to Recurrent Aphthous Ulcer, Cloud Publications International Journal of Advanced Ayurveda, Yoga, Unani, Siddha and Homeopathy (IJ AAYUSH)2013, Volume 2, Issue 1, pp. 119-124, Article ID Med-98 ISSN: 2320 – 0251.
- Management of Nasavivar Shotha (Paranasal Sinusitis) by Bharangyadi taila Nasya and Pathyadi kwatha, International Ayurvedic Medical Journal (IAMJ): Volume 1; Issue 4; July – Aug 2013, ISSN:2320 5091.
- Management of 'Mukhapaka' by 'Haridradi Tail', Journal of NIMA, Volume 55, no.8, August 2013, ISSN:0377 0621.
- Management of Vataj Pratishyaywith Kushthadi TAIL nasya and Nidigdhikadi Kwath w.s.r. to Allergic Rhinitis, Unique Journal of Ayurvedic and Herbal Medicines (UJAHM), July-Aug.2013,Volume01(01),Page 35-42.
- Management of Manyashrit Vata by Panchtikta Ghrit Guggulu Nasya & Internally w.s.r. to Cervical Spondylosis, Ayurlog : National Journal of Research in Ayurved Science (Online Open Access Journal), Volume 1, Issue 4, Oct- Dec.2013,ISSN:2320 7329.

- A clinical studt of Chandanadi Pralepa & Nimba LodhraAschotan in the Management of Pittaj Netrabhishyand. W.S.R. TO Acute Muco-Pueulent Conjunctivitis. In I A M J ., Valume 2, Issue 4 July – August- 2014
- A Clinical case study of 'Vayasthapan gana' in Tritiya Chaturtha Patalgat Doshdushti with special reference (w.s.r.) to dry ARMD (Age Related Macular Degeneration) in I J A M, Vol, 5,No 1, Jan-March 2014.
- A clinical study for the management of Ear pinna keloid by khsrsutra and agnikarma. In A J R I A, VOL. 5, ISSUE 3 May- June 2014.
- Comparative Study of Shunthyaadi Yoga Kavala & Pratisarana inTundikeri (Chronic Tonsillitis) in International Journal of Ancient Medicine & Yoga – Volume 7, No. 1, Jan – March, 14.

Original Research Published in Various Research journals & Conferences.

- "Role of Rasayana Chikitsa in Degenerative Ophthalmic Diseases w.s.r to Retinitis pigmentosa." Presented in National Seminar on RASAYANA at Delhi, on 8-10 March, 1999 By C.C.R.A.S. Govt. of India.
- "Sinusitis- An Ayurvedic Non-Surgical Procedure"in International Ayurved Congress organized by Govt. of Austria, at Vienna on 15th Nov 2008
- "Clinical Study of Shobhanjan in Pothaki" presented at second International Ayurvedic Conference held on 13th to 15th September, 1991 at Kathmandu, Nepal.
- "An Ayurvedic Treatment in Otomycosis" presented at 3rd International conference on traditional Asian Medicine held on 4th to 7th January, 1990 at Hotel Taj Mumbai, India._
- "An Introduction of Ashruvaha Srotas" presented at National Conference of Ayurved held on 23rd & 24th of September, 1989 at Pune, India.

- "Preliminary Clinical study of Ayurvedic Medicinal Compound in Gum Bleeding" published in Deerghayu International Research Journal, Vol. VI (21).1990.
- "Para surgical Removal of Pterygium an Introduction of a New Technique" in fifth dimension Research Journal of India, Ahmedabad, Vol. 02/01, August, 1989.
- "Oral Hygiene a vital factor for General Health", accepted for Third International Ayurved Conference held on 3rd to 6th September, 1993 at Bali, Indonesia.
- "Clinical efficacy of certain Ayurvedic Formulations" published in "Fifth Dimension" Research Journal of India vol. 02/03, February, 1990.
- "Therapeutic efficacy of Shobhanjan in Pothaki" Dissertation submitted for M.D. (Shalakya) University of Bombay, 1996
- 'Status of Oral Hygiene of High-middle & Lower Income Group Society from Worli Area , Mumbai. 1st National Convention on 'Interpathy Research Policies & Priority areas in Research' on 18th to 20th Jan. 2000 by Maharashtra University Of Health Sciences, Nashik.

Book Publication:

- Text book on Ophthalmology (Netra roga Shalakya Part I) published on 4th Nov. 2004 by the hands of Hon'ble Vice Chancellor Prof. Dr. Ravindra Bapat, M.U.H.S. Nashik.
- For Common man "Headache" in Marathi (Dokedukhi) published in August, 1999.
- Hand book of "Intranasal Drug Therapy" (Nasyakarma Chikitsa)is ready for publication by V.R.I. Publication, New York, U.S.A.In Nov.2014.

Articles

- "Cataract from era of Sushruta till today" in Arogyadeep, Vol.2, Page 5-7, 1989.
- "The Hundred Causes of Conjunctivitis", in Madhujeevan, Vol.4 page 17-18, 1989.

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• "Bleeding Gums" in Madhujeevan, Vol.1 page. 13-15, 1990.

- "Importance of Nurse and Compounder in Management of Ayurvedic Hospitals" Herald of Health 2-1995, page 31-34.
- "How to take Dental Care" in Arogya Sanjivanee, (National Health Magazine in Hindi), August, 1990, page 53.
- "Karnanada (Tinnitus) Diagnosis & Ayurvedic management" in Arogya Sanjivanee, (National Health Magazine in Hindi) October, 1991, page 68.
- "Mansarma (Pterygium) a case report" in Madhujeevan (Marathi Health Magazine), February, 1990, page 38.
- "Dental problems and an Ayurvedic Concept" in Arogya Sanjeevanee, (National Health Magazine in Hindi), December, 1991, page 57.
- "Cataract a Review" in Arogya Deep (International Health magazine published at a time in 19 National Languages) November, 1989, page 5.
- "An Ayurvedic Management of Retinitis Pigmentosa" in Arogya Sanjeevanee, (National Health Magazine in Hindi), June 1998, page 48.
- "An Ayurvedic Treatment in Ear, Nose and Throat Diseases" in Deerghayu Diwali Ank (Diwali special issue) 1989.
- "How to do tooth brushing in an Ayurvedic manner (Danta Dhavan)" in Sachitra Ayurveda (An Ayurvedic Hindi Journal) December, 1991, page 413.
- "Shitad (Gum Bleeding) a case report" in Madhujeevan, April, 1990, page 13.
- "Deviated Nasal Septum at a Glance" (Nasanaha) published in 'Aroha'. A. Podar Annual Journal 2002.

Number of Articles published in Times of India, Mumbai, Lokpraha, Deerghaya, Shatayushi, Kuldaiwat, Arogya Sanjivani, Ayurved Patrika, Sachitra Ayurveda, Ayurved Vikas, Herald of Health, madhujeevan and various health magazines concerned with Ophthalmic and ENT diseases, in Hindi, Marathi and English.

List of Awards, Medals, Prizes & Appreciations

Appreciation/Award by Government:

- Nomination for "Padma" awards (Padmashree, Padmabhushan, Padmavibhushan etc.) in 2004, amongst Officers For the Academic & Administrative Work -by Government of Maharashtra.
- For highly sensible administrative work done in MH-CET Examination and Admission Process for the state in Health Science Courses 1999-2000 (date 12-12-1999) by First Vice-chancellor of MUHS
- For highly sensible administrative work done in MH-CET Examination and Admission Process for the state Health Science Courses 2000-2001(date 20-11-2001).
- For highly sensible administrative work done in MH-CET Examination and Admission Process for the state in Health Science Courses 2001-2002(date 20-11-2001).
- For Academic Work done for First batch of B.A.M.S. of Govt. Ayurved College, Osmanabad (dated 30-08-1989)

Appreciation/Awards by Institutes and others:

- Gold Medal for first class first in all University Degree examination.
- For original research paper presentation in Inter-National Conference at BALI, Indonesia in 1993.
- For original research paper presentation in Inter-National conference at Kathmandu, Nepal in 1991.
- For the contribution in the field of Ayurved in Academic & Research, by Ayurved Research Foundation Pune, India. is awarded "International Excellence Award" in Shalakya Tantra at Singapore in the year 2007.
- Appreciation Given by "International Journal of Ayurvedic Medicine", For Huge Publication of Original Research Papers In various Index / Peer review Journals.(in Aug.2014).
- "Marathawada Gourav" Award (Awarded to the person who born in Marathawada and devotedly work at National / International level.) on the Marathawada Mukti Din, 17th Sep. 2014 at Mumbai.

Experience with Universities:

- Founder Member of Maharashtra University of Health Sciences, Nashik.
- EX REGISTRAR OF MAHARASHTRA UNIVERSITY OF HEALTH SCIENCES, NASHIK.
- Devotedly worked to Establish Maharashtra University of Health Sciences, Nashik.
- Actively participate to establish new Examination system in Maharashtra University of Health Sciences, Nashik.
- Established Research school of Health Sciences in Maharashtra University of Health Sciences, Nashik.
- Active member of very first MH-CET examination 1999 Maharashtra University of Health Sciences, Nashik.
- Chairman of Scrutiny committee MH-CET examination from 1999 to till date.
- Counseling In charge of the admission process for Health Science courses from 1999 to till date.
- Active member of local inquiry committee to established New Medical, Ayurved, Dental, Homoeopathy, Unani, Physiotherapy, Occupational therapy, etc. in Maharashtra University of Health Sciences, Nashik.
- Chief convener of Two Research conference organized under Maharashtra University of Health Sciences, Nashik.
- Member of Planning Board, Maharashtra University of Health Sciences, Nashik from 1999 to till date.

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- Member of Academic Council Maharashtra University of Health Sciences, Nashik from 2000 to till date.
- Member of Research Board Maharashtra University of Health Sciences, Nashik from 1999 to till date.
- Member of First P.G. board of studies for Ayurved, Maharashtra University of Health Sciences, Nashik.
- Member of Synopsis Scrutiny committee for P.G. Ayu. Maharashtra University of Health Sciences, Nashik.
- Senior Member of PGA-CET (P.G. Ayu.) examination high level committee, Govt. of Maharashtra.
- In charge of M.D. /M.S. Ayu. Admission process, Govt. of Maharashtra.
- Senior Member, High level committee for M.D. /M.S. Ayu. Admission process, Govt. of Maharashtra.
- Member, Academic Council Padmasree D. Y. Patil University, New Mumbai, Maharashtra.

Drug Trials Referred By Government

- Herbo Hair Capsules of Pan products India Ltd. Mumbai for Hair loss.
- Herbo Hair Premium of Pan products India Ltd, Mumbai for Hair loss.
- Herbo Hair Classic of Pan products India Ltd, Mumbai for Hair loss.
- Herbo Hair Deluxe of Pan products India Ltd, Mumbai for Hair loss.
- Keshamrut hair oil of Pan products India Ltd, Mumbai for Hair loss.
- Immunogain capsules of pan herbo India Ltd., to raise the immunity.
- Migracure capsules of pan herbo India Ltd. For Migraine.
- Coldarrest capsules of pan herbo India Ltd., for Allergic rhinitis.
- Nasal drops of Lupin laboratories India Ltd. For Allergic Rhinitis.
- Japakusum hair jelly of Brihans pharmaceutical India Ltd., for Fungal Infection in hair.

Organizational Experience

- Convener First National Convention on "Interdisciplinary Research"-Priorities and Thrust for the Coming Century. Venue: Taj Residency, Nashik between 19th to 21st January 2000 organized by Maharashtra University of Health Sciences, Nashik.
- "NETRA CHIKITSA" Workshop in International Grand Centennial Convention on Ayurveda 2008 for at Coimbatore, Tamilnadu State from 14th - 17th August 2008.
- Convener Second National Convention on "Interdisciplinary Research"
 Stress Related Disorders. Venue: Bombay Hospital Auditorium, Mumbai between 10th to 12th may, 2002 organized by Maharashtra University of Health Sciences, Nashik.

Active Participation in Various International / National / Regional Activities:

Conference / Convention / Symposium / Camps:

- 12th National Ophthalmologic Conference held on 10th & 11th October, 1992 at Nashik, Maharashtra.
- International Convention on Ayurved held on 10th to 12th April, 1992 at New Delhi, India.
- Advance in Retinal Surgery, a Symposium on Ophthalmology, arranged by Bombay Ophthalmology Management Group held at Hotel Taj, Mumbai, India on 17th July, 1993.
- Inter University Ayurvedic P.G. meet, held on 8th to 10th March, 1991, at University of Bombay.
- Teaching and Clinical Research Methodology in Ayurved. A seminar held on 8th & 9th February, 1992, at University of Bombay.
- Family Planning program organized by D.H.O. of Nanded during 1981-82.
- Teaching Research and patient care Technology, A Seminar held on 13th to 15th April, 1990 at B.H.U. Varanasi.
- All of Medical Camps organized by Podar Medical Institutions, Mumbai.
- Every N.S.S. program and N.S.S. camp organized by Podar Medical Institutions, Mumbai.
- Guest lecturers taken at "1st Batch of Final B.A.M.S." of Govt. Ayurvedic College, Osmanabad, with appreciation.
- Teacher's Reorientation program in Sharir Kriya, Prasuti Tantra, Sharir Rachana and Kayachikitsa, organized by U.G.C. and Podar Institution jointly at Mumbai.
- Number of Guest Lectures given at Mumbai Vaidya Sabha, Ayurvedic Teaching institutions and various social institutions in Mumbai.
- "Family Planning and Cataract Camp" jointly organized by District Health Office and Govt. Ayurvedic Hospital, Nanded, dated 10th December, 1986.
- Participate as expert in Shalakya for "Centre for Development of Advanced Computing (C-DAC)" Pune University, Pune.

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- Active participation in "Maharashtra Ayurved Conference" held on 27th & 28th December 1997 at Mumbai.
- Active participation in "Advance in Retinal Surgery A Film Festival", at Nehru Science Centre on 2nd February, 1998, Mumbai.
- Active participation and Lectures in Visual Handicapped Patients Associations meet on Retinitis Pigmentosa at Garware Club House, Church Gate, Mumbai on 10th January, 1998.
- Symposium on science and technology needs of the country in the coming decades at Nehru Science Centre, Mumbai on 9th & 10th January, 1999.
- Participated in 'National Conference on Medical Education (NCME-2007) on "Building Capacity in Medical Education-A National Perspective" at the AIIMS, New Delhi in 2007.
- Chair person in 'First International Conference on Ayurved and Complementary System of Medicine' organized by Tathagat Ayurved Research Foundation, India at Singapore in 2007.
- Chair Person for paper presentation session at "Update Shalakyatantra 2008" Conference held at Nagpur on 23rd & 24th Feb. 2008
- As special guest for International Grand Centennial Convention on Ayurveda 2008 for at Coimbatore, Tamilnadu State from 21st - 24th August 2008

Training:

- 'Maharashtra Institution of Development in Administration' (M.I.D.A.) training by Government of Maharashtra on 19th to 30th September, 1998 at Mumbai.
- "Confidential Reports" writing and maintenance, training by General Administrative Department, Government of Maharashtra, Mumbai.1991.
- 'Rehabilitation of visually handicapped' training for Ophthalmologist by N.I.V.H. Govt. of India at Deharadun (Uttaranchal) on 12th to 14th June, 2002.
- "22nd National orientation module for Ophthalmologist" from 20-9-2004 to 22-9-2004 at Ludhiana, Punjab by Govt. of India. NIVH, Deharadun.
- 'Workshop on Yoga' Training by Yoga Vidya Niketan & R.A. Podar Govt. Ayu.
 College, Mumbai on 4th & 5th March, 2000 at Mumbai.
- 'Internet and Multimedia importance and Applications' training by V.J.T.I.
 Mumbai on 12th August 1998.
- 'Summer Course of Yoga 2000 'One month training by Yoga Vidya Niketan, 1st May to 31st May, 2000 at R.A. Podar, Mumbai.
- Civil Defense Orientation course completed from 9th to 19th March, 1976, at Nashik.
- United nation of Schools organization of India, (UNESCO) training completed on 28th August 1981, India.
- Disciplinary Proceeding Enquiry Procedure- Statutory Rules and Supreme court Judgments. As Registrar, M.U.H.S., from 18 20 Aug., 2006 at Delhi.
- Participated in Parliamentary Committee at Mumbai to discuss on MCI policy on 20.09.2006 with Hon'ble Vice-Chancellor of the University & Principal Secretary, MEDD. The MUHS raised following points:
 - (1) Nomination of 08 MUHS representatives on MCI.
 - (2) MCI should have Academic Autonomy.
 - (3) Central Govt. should have Administrative Autonomy.
- 23rd Appreciation Course in Parliamentary Processes and Procedures for Professors/Lecturers of Universities/Colleges, organized by Bureau of Parliamentary Studies and Training, Lok Sabha Secretariat, as Registrar, M.U.H.S., from 3 – 6 October 2006 at New Delhi.

- AYUSH ROTP Training program on Manas Roga at Kottakkal, Kerala, between 6th & 7th Feb. 2008.
- International Grand Centennial Convention on Ayurveda 2008 for YOGA at Coimbatore, Tamilnadu State from 19th – 20th August 2008.
- International Grand Centennial Convention on Ayurveda 2008 for BIOETHICS at Coimbatore, Tamilnadu State from 18th August 2008.

Guest of Honor:

- As Chief Guest for National Ayurved Workshop organized on the view of Fourth-day memory of Late. Dagdojirao (Dada) Deshmukh at Manjara Ayurved College & Hospital, Latur on 10.10.2006.
- As Chief Guest for Lamp Lighting and Graduation Ceremony Program at Bombay Hospital College of Nursing, Bombay Hospital Trust, Mumbai on 27.10.2006.
- Attended Universities 'Ashwamedh Krida Spardha-2006' inauguration Ceremony at Uttar Maharashtra University, Jalgaon on 27.11.2006.
- As Chief Guest for Intersystem Seminar at Kakasaheb Mhaske Homoeopathic Medical College & Hospital, Nagapur, Dist.Ahmednagar on 14.01.2007.
- As Chief Guest inaugurated NIMA Conference at Aurangabad on 10th February 2007.
- As Chief Guest for Oath Ceremony on Completion of Internship Training of students at S.M.B.T. Dental College & Hospital, Sangamner, Dist.Ahmednagar on 15th February, 2007.
- As Chief Guest at Dental Workshop & Annual Gathering Function and prize distribution ceremony at Padmashri Dr.Vitthalrao Vikhe Patil Foundation's Ayurved College & Shri Eknath Ayurved Hospital, Shevgaon, Dist.Ahmednagar on 16th February, 2007.
- As Chief Guest for Fourth Annual National Post-Graduate Workshop and Seminar 'Horizon-2007' of Y.M.T.Homoeopathic Medical College, Mumbai on 18.02.2007.
- As Chief Guest for Convocation and Oath Ceremony at Ganpatrao Adake Institute of Nursing, Nashik on 24.02.2007.

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- As Chairperson in panel of discussion of National Conference on 'Update Shalakyatantra (ENT & Opthal)-2007' at NIMA Auditorium of RSMS Tilak Ayurved College, Pune on 10th & 11th March, 2007.
- As Chief Guest for inauguration program MET workshop at M.A.Rangoonwala College of Dental Sciences & Research Centre, Pune on 21st March, 2007.
- Attended IMNCI workshop at Seth G.S. Medical College & K.E.M. Hospital, Mumbai on 24.03.2007.
- Attended University 'Spandan' inauguration Ceremony at Pune on 31.03.2007.
- As Chief Guest for inaugural program of National Seminar-2007 at Vidarbha Ayurved College, Amravati on 07th April 2007.
- As Chief Guest for Aurangabad Medicos Association's inaugural ceremony on 15.04.2007.
- Officially visited as Guest of Honour for the inaugural function of launching the directory of Nashik Homoeopaths' Association on 22.04.2007.
- As a Chief Guest of workshop on <u>"Sharirkriya" at</u> R.J.V.S.
 Bhaisaheb Sawant Ayurved Mahavidyalaya, Khaskilwada, Sawantwadi, (Sindhudurg) on 26.04.2007.
- Officially visited to Sandu Brothers (P) Ltd., at Goa Unit on 25.04.2007 As Regisrar M U H S.
- As Chief Guest of Various Functions in Medical, Dental, Ayurveda, Nursing, Unani, Occupational / Physiotherapy And Homoeopathy Institutes from All Over Maharashtra.

Interviews in Public / Doordarshan (TV) / All India Radio Broadcasting

Invited Speaker

- "Upgrade Health and living standards through Dincharya" at Damodar hall, Gujarathi Health Club, Lower Parel on 22nd Jan., 1990.
- "Improve Positive Health through Ayurveda" at Priyadarshini Sports Academy, Malbar Hill, Mumbai on 15th Nov. 1994.
- "How to improve the quality of Health in growing age" at Hanuman Vyayam Mandir, Dadar, On 26th Oct. 1996.

Subject Concern Topics

- "Prevention of Blindness in Tribal area with Ayurvedic Principles" at NIVH, Govt. of India, Deharadun on 14th June 2002.
- "Roll of Pradhaman Nasya Chikitsa in Sinusitis" at Panchvati Ayurved College, Nashik on 12th July 2002.
- "Magic Results of Nasya Karma Chikitsa in various ENT diseases" at S.S.S.
 Ayurved College, Nashik on 2nd Jan. 2001.
- "Management of ARMD with Ayurvedic concepts" at NIVH, Govt. of India, Ludhiana, Punjab on 22nd Oct. 2004.
- "Therapeutic effects of Nasya Karma Chikitsa in Progressive Myopia" at Manjara Ayurved College, Latur on 7th Nov. 2004.

Doordarshan (TV) Interviews :

- "Arogya Neu Gharoghari" jointly organized by Bombay Doordarshan & University of Bombay on 9th & 10th June, 1990 (Marathi).
- "Gard ka Dard" program organized on the occasion of "World Drug Day" on 6th April, 1993 in Hindi on National Network.
- "Cancer-an Ayurvedic view" in the program of "Arogya Sampada" on 28th March, 1994 (Marathi).
- "Aaj Che Pahune" an Interview on "An Eye Care" in morning live Telecast of Bombay Doordarshan on 23rd August, 1994 (Marathi).
- "Plague-Plague-Plague" and Interview during Plague epidemic in Gujarat & Maharashtra 1994 at Bombay Doordarshan.
- "Swastha Bharat" an Interview on " Eye Donation" in live telecast of Bombay Doordarshan on 29th August, 2014.

All India Radio Broadcasting :

- "Dental Care an Ayurvedic Aspect" dated 8th January, 1985 A.I.R. Aurangabad.
- "Prevention of Ear, Nose and Throat Diseases" 14th December, 1987 A.I.R.
 Aurangabad, Parbhani.
- "Causes and Prevention of Eye Diseases" 13th December, 1985 –A.I.R. Pune.
- "An Ayurvedic Home remedies" 20th June,, 1991 A.I.R. Mumbai.
- "Eye Care Specially for Factory Workers" (Kamgar), 12th November 1990 A.I.R. Mumbai.
- "An Ayurvedic Management in Conjunctivitis" in Nari jagat, 1st May, 1992 A.I.R. Mumbai.
- "An Ayurvedic Management in Dental Diseases" 24th May, 1990- A.I.R. Mumbai.

- "An Introduction of Certain Ayurvedic Plants" 17th August 1995 A. I. R. Mumbai
- "An Ayurvedic Treatment in Rhinitis" 19th September, 1996 A.I.R. Mumbai.

- "How to manage Nasagata Raktapitta (Epistaxis) in Rural areas" 22nd July, 1992 – A.I.R. Mumbai.
- "Importance of Vegetarian Diet in Health Care" 9th March, 1998 A. I. R. Mumbai.
- "Importance of Diet Control in Ear Diseases" 17th August, 1997 A.I.R. Mumbai.
- "Achievements of Maharashtra University of Health Sciences, Nashik within in one & half year" and interview on 19th February 2000 at National Broadcast A.I.R. Mumbai.

Number of programs are given for All India Radio, Mumbai, Delhi, Aurangabad, Pune, Parbhani concerned with Ophthalmic and E.N.T. diseases in Marathi, Hindi and Urdu.

Membership / Editorship at Various Levels

Editor

- **Executive Editor** 'MILESTONE' Research Journal, published by Dept. of Medical Education & Research, Govt. of Maharashtra.
- Chief Adviser "Ayurlog" Online International peer review Journal of India.

Member

- Admission Committee for Health Science Courses, Govt. of Maharashtra.(From 1991 – 2005)
- Planning Board of Maharashtra University of Health Sciences, Nashik.
- MH-CET Common Entrance Test for Admission in Health Science Course, Govt. of Maharashtra. (1999 – 2005)
- High level Admission Committee for MD/MS Ayurved Courses, Govt. of Maharashtra.
- Founder Member of Institute of Contemporary Ayurved Education & Research, Maharashtra State.
- Referees panel for "Journal of Research in Ayurveda and Siddha". A Research Journal published by CCRAS, Dept. of AYUSH, Govt. of India.
- International Society for Traditional Asian Medicine, India.
- Board of Studies for P.G. in Ayurveda at Maharashtra University of Health Sciences.
- Bombay Vaidya Sabha, Mumbai, India.
- Synopsis Scrutiny Committee for MD & MS Ayurveda, Maharashtra University of Health Sciences, Nashik.
- Research Board of Maharashtra University of Health Sciences, Nashik.

- American Central Library, Mumbai, India.
- Public Health Education cell, Maharashtra University of Health Sciences, Nashik.

Life Members

- The Association Of Shalaki (T.A.S.) INDIA
- Bombay Ophthalmic Association, Mumbai, India.
- National Society for the Prevention of Blindness, New Delhi, India.
- National Eye Teaching and Research Association (NETRA), Calcutta, India.
- House of Soviet Culture, Mumbai, India.
- Maharashtra Ophthalmic Society, Mumbai, India.
- Ayurveda Mahasammelan, New Delhi, India.
- International Society for Krishna Consciousness (ISKCON), Mumbai, India.
- Lions Club Worli District, Mumbai, India.

Honorary Member

- Honorary Associate Member of Herbal Academy of India.
- Honorary Life Member of Samarth Vyayam Mandir, Mumbai, India.
- Honorary Member and Physical Adviser at Priyadarshani Sports Complex Malabar Hill, Mumbai, India.

Patron

• Indian Association for the Study of Traditional Asian Medicine, India.

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Jt. Secretary

Institute of Contemporary Ayurved Education and Research, Maharashtra State.

Ex. General Secretary

• Maharashtra Government Ayurved Teachers Association.

(Dr. Madhukar Lahankar)